

THE TRUE VINE



March 2023

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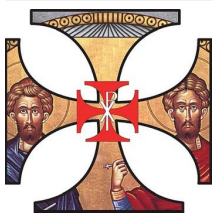
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PARISH REGISTRY

Funerals:
2/2/23, Becky Pulos

Memorials
3/12/23, Becky Pulos





PHILOPTOCHOS NEWS

March Membership Meeting: The next meeting is **Thursday, March 2nd** at 10am in the Athenagoras room. **Board meeting to follow in the Library.**

2023 Membership Dues: We currently have 110 paid members. 2023 membership fees are \$30 payable to Philoptochos. Please put “fees” on the memo line of your check. Part of the fees go to National and the Metropolis. Suzanne Zonars-Hambrick is our Membership chair. Mail your check to Suzanne at 322 Kenderton Trail, Dayton, Ohio 45430

March CCM is National Kidney Month: There are currently over 93,000 Americans on kidney transplant waiting lists with around 20,000 kidney transplants performed annually. Believe it or not, you can live and function quite normally with just one kidney. One of our Philoptochos members, Cleo Alex Keighley, just had a kidney transplant the beginning of this year after being on dialysis and the waiting list. If you’re not already an organ donor, please consider registering on your state’s license bureau website. In Ohio, go to: donatelifeohio.org/register. Give the gift of life!

March 24th Vespers: Philoptochos will host a reception in the Community Center hall on Friday March 24th immediately following the church service. Please contact Mary McDonald to sign up to bring a Lenten food item. Mary McDonald, Diane Briggs, Ruthann Zvakos and Mary Caudell, Chairs.

15th Annual Spring Charity Luncheon: Saturday, May 13th is the day of our popular Philoptochos Spring Charity Luncheon which will be held at the Presidential Banquet Center. Invitations will arrive later this month. Ladies of all ages love our raffle with over 100 auction items followed by a delicious lunch. If you have not attended in the past, contact Michelle Zois at matinazois@gmail.com to be added to our invitation list.

We are welcoming sponsors/donors for our luncheon. Your sponsorship will be recognized in our event program. In order to meet our program’s printing deadline, we kindly ask for your response by April 6th. All contributions are fully Tax deductible to the extent allowed by law. Checks should be made out to “Community Care Philanthropy” and mailed to CCP, P.O. Box 750933, Dayton, OH 45475.

Platinum Sponsor: \$750+(2 Luncheon Tickets included) **Gold Sponsor:** \$500+ (1 Luncheon Ticket included)

Silver Sponsor: \$250+

Bronze Sponsor: \$100+

Friends: up to \$100

Support Ukraine Crisis Response by Assembling Hygiene Kits

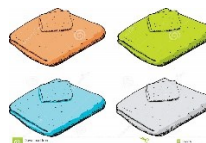
A beautiful way to spend a couple hours during Lent

**Join our local AHEPA, DOP and Philoptochos following Salutations on:
Friday March 3, March 10, & March 17**

Enjoy light Lenten refreshments and fellowship as we assemble 220 kits. All materials were purchased by AHEPA, DOP and Philoptochos, we just need your help in assembling the kits. All assembled kits will be mailed to IOCC in Maryland and they will distribute them to their partner's warehouse.



IOCC



MAIDS OF ATHENA LENTEN KOULOURAKIA & LAMBADES

How would you like some Lenten koulourakia? Our local MAIDS will be baking early March and will sell a dozen Lenten koulourakia for \$10. See one of the young ladies after church on **Sunday, March 12** for your koulourakia!



And once again the Maids will be selling handmade lambades for your children, godchildren, grandchildren. They will have regular lambades and a limited amount of battery operated for the very young children.

Candles are a significant part of Pascha. In most Greek families, Godparents buy for their Godchildren a decorated Easter Candle, called the Lambada. These candles are usually decorated with jewels or small toys that are attached to the candle with a colorful ribbon.

MISSIONS & OUTREACH

We will continue our volunteering at Hannah's Treasure Chest in March.
Join us if you're available!

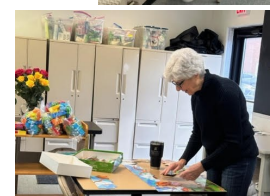


Thursday, March 9 (1:00-3:00)
Thursday, March 23 (9:00-11:00)

Also, Missions & Outreach will continue with tutoring the surrounding community elementary students on:

Monday, March 13 (5:00-6:00)
Monday, March 27 (5:00-6:00)

If you would like to help see, Harriet Argue, Dori Daskalakis or Maria McFarland. Thank you!



AHEPA & DAUGHTERS OF PENELOPE NEWS

AHEPA Buckeye Scholarship Foundation

The Foundation provides students of the AHEPA Buckeye District 11 with scholarships to help them achieve their educational goals and aspirations. All graduating high school seniors and college undergraduates who are members of any of the Orders or their parents/guardians are members of the AHEPA or Daughters in the Buckeye district are eligible. The 2023 Scholarship application is now available online at the following link: bsf.buckeyedistrict11.org. The deadline is **March 31**. With questions contact Nick Regopoulos at 330-327-4422 or rego4nick@aol.com.

AHEPA #113 Charitable Fund

The scholarship application is now available and will be due **April 30**. Awards are given only to students entering college or in undergraduate school, who are active members of the AHEPA, Daughters of Penelope, Sons of Pericles, Maids of Athena, or whose parent(s) have been active members of the Senior Orders for 3 consecutive years (2 years plus current year). Scholarship applications can be obtained by contacting Nick Zois at: nick@zoisfinancial.com. If there are any questions, contact Nick Zois 937-838-1411 or by email. Thank you!

Daughters of Penelope Easter Tsoureki or Cranberry Bread

The daughters in partnership with Boosalis Baking and Café are once again offering tsoureki or cranberry for sale for Easter. Loaves are \$8.00 Each (lb. Loaf) and can be picked up from the community center on April 8 & 9.

To order by **April 2**, please contact Charrie Regopoulos at 937-623-2794 or charrie.rego@aol.com. Checks should be made payable to DOP. Please note: Due to earlier dates for pick up, you may receive your bread frozen to maintain freshness.



Afternoon with Dr. John Urse

Dayton's AHEPA Chapter 113 invites all parishioners to attend an afternoon with Dr. John Urse on March 5, 2023 in the Annunciation Memorial Center following the Divine Liturgy.

Dr. Urse will present "Those Old Bones: Arthritis". Dr. Urse will review and discuss options for controlling and living with arthritis, osteoporosis, and some other common problems we all encounter with aging. Parishioners will enjoy lunch provided by AHEPA that afternoon followed by a presentation and questions/answers from one of the leading orthopedic and alternative medicine doctors in the area. There is no charge to attend this event.

Dr. Urse is the senior and founding doctor of Orthopedic Association of SW Ohio in Dayton with more than 34 years of practice. Some of Dr. Urse's specialties include hip arthroscopy, regenerative cell therapy, platelet rich plasma, and regenerative medicine. Additionally, he hosts a podcast, The Bone and Joint Playbook. Dr. Urse is conducting ongoing research on gluteal tendon biomechanics and has lectured nationally on gluteus medius hip tendon repairs. His articles have been published in the Journal of Orthopaedic Trauma, Journal of Vascular Surgery, Journal of Arthroplasty, and Journal of the American Osteopathic Academy of Orthopedics. He is a Master Instructor for Hip Arthroscopy for the Arthroscopy Association Of North America. Additionally, Dr. Urse was on the White House Committee for Alternative Medicine. For more information on Dr. Urse, parishioners can check out his website at drjohnurse.com.

YOUNG AT HEART LUNCHEON

The next Young at Heart Luncheon is **Thursday, March 16** at 11:30am. Hope you can join us for food, fun, fellowship, and seeing how much you know about our church and religion. Luncheon prepared by The Spot and sponsored by AIF.

	February 26-March 4	March 5-11	March 12-March 18
Sunday	26 Forgiveness Sunday <i>Romans 13:11-14; 14:1-4;</i> <i>Matthew 6:14-21</i> Orthros, 8:15a/Divine Liturgy, 9:30am Catechism school after communion Coffee Hour, 11:30am Forgiveness Vespers, ~12:30pm	5 Sunday of Orthodoxy/Youth Sunday <i>Hebrews 11:24-26,32-40; John 1:43-51</i> Orthros, 8:15a/Divine Liturgy, 9:30a Catechism School, 9:30a Coffee Hour, 11:30a GOYA Book Club, 12pm Iconography Class, 12:30pm	12 Sunday of St. Gregory Palamas <i>Hebrews 1:10-14; 2:1-3; Mark 2:1-12</i> Orthros, 8:15a/Divine Liturgy, 9:30a Catechism School after communion Coffee Hour, 11:30a Spring General Assembly Iconography Class, 12:30pm
Monday	27 Procopius the Confessor <i>Isaiah 1:1-20; Genesis 1:1-13;</i> <i>Proverbs 1:1-20</i> Tutoring Program, 5pm Greek school, 5:30pm	6 42 Martyrs of Amorion <i>Isaiah 4:2-5:7; Genesis 3:21-4:7;</i> <i>Proverbs 3:34-4:22</i> Greek school, 5:30pm Great Compline, 6pm Adult Catechism, 7:15 pm	13 Removal of the relics of Nicephorus <i>Isaiah 8:13-9:7; Genesis 6:9-22;</i> <i>Proverbs 8:1-21</i> Tutoring Program, 5pm Greek school, 5:30pm Great Compline, 6pm Adult Catechism, 7:15pm
Tuesday	28 Righteous John Cassian the Confessor <i>Isaiah 1:19-2:3</i> <i>Genesis 1:14-23</i> <i>Proverbs 1:20-33</i>	7 The Holy Martyred Bishops of Cherson: Basileus, Ephraim <i>Isaiah 5:7-16; Genesis 4:8-15</i> <i>Proverbs 5:1-15</i> Transformative Christianity Webinar, 7pm	14 Benedict the Righteous <i>Isaiah 9:9-10; 4</i> <i>Genesis 7:1-5</i> <i>Proverbs 8:32-9:11</i>
Wednesday	1 The Martyr Eudocia <i>Isaiah 2:3-11; Genesis 1:24-2:3;</i> <i>Proverbs 2:1-22</i> Presanctified Liturgy, 6pm Zoom Bible Study, 7:30pm	8 Theophylact the Confessor, Bishop of Nicomedia <i>Isaiah 5:7-16; Genesis 4:8-15;</i> <i>Proverbs 5:1-15</i> Presanctified Liturgy, 6pm Zoom Bible Study, 7:30pm	15 Agapius the Martyr & His Companions <i>Isaiah 10:12-20; Genesis 7:6-9;</i> <i>Proverbs 9:12-18</i> Presanctified Liturgy, 6pm Zoom Bible Study, 7:30pm
Thursday	2 Hesychius the Martyr ✠ <i>Isaiah 2:11-21; Genesis 2:4-19;</i> <i>Proverbs 3:1-18</i> Philoptochos Meeting, 10am Choir rehearsal, 6pm	9 The Holy Forty Martyrs of Sebastia ✠ <i>Luke 21:12-19; Hebrews 12:1-10; Matthew 20:1-16</i> Volunteering at Hannah's Treasure Chest, 1pm AHEPA/DOP Meeting, 6p Choir rehearsal, 6p	16 Sabine the Martyr <i>Isaiah 11:10-12:2; Genesis 7:11-8:3; Proverbs 10:1-22</i> Young at Heart Lunch, 11:30a Choir rehearsal, 6p
Friday	3 The Holy Martyrs Eutropius, Cleonicus, & Basiliscus <i>Isaiah 3:1-14; Genesis 2:20-3:20;</i> <i>Proverbs 3:19-34</i> First Salutations & Reception, 6pm	10 Quadratus the Martyr & his Companions <i>Isaiah 7:1-14; Genesis 5:32-6:8;</i> <i>Proverbs 6:20-7:1</i> Second Salutations & Reception, 6pm	17 Alexis the Man of God <i>Isaiah 13:2-13; Genesis 8:4-21;</i> <i>Proverbs 10:31-11:12</i> Third Salutations & Reception, 6pm
Saturday	4 First Saturday of Lent <i>II Timothy 2:1-10;</i> <i>Mark 2:23-28; 3:1-5</i> Orthros, 8:15am Divine Liturgy, 9:30am	11 Second Saturday of Lent <i>Hebrews 3:12-16</i> <i>Mark 1:35-44</i> Lenten Confession Retreat Grades 2-5, 10am	18 3rd Saturday of Lent <i>Hebrews 10:32-38</i> <i>Mark 2:14-17</i> Greek School Program Rehearsal

Fast days are shaded. ✠Liturgy ✦Other Service ➡fish/wine/oil allowed ☞wine/oil allowed

	March 19-March 25	March 26-April 1	April 2-April 8
Sunday	19 Sunday of the Holy Cross <i>Hebrews 4:14-16; 5:1-6; Mark 8:34-38, 9:1</i> Orthros, 8:15a/Divine Liturgy, 9:30a Catechism School, 9:30a Coffee Hour, 11:30a GOYA Book Club, 12pm Iconography Class, 12:30pm	26 Sunday of St. John Climacus ✕ <i>John 20:11-18; Hebrews 6:13-20; Mark 9:17-31</i> Orthros, 8:15a/Divine Liturgy, 9:30a Catechism School, 9:30a Coffee Hour, 11:30a Iconography Class, 12:30pm Oratorical Festival	2 Sunday of St. Mary of Egypt ✕ <i>John 20:19-31; Hebrews 9:11-14; Mark 10:32-45</i> Orthros, 8:15a/Divine Liturgy, 9:30am Catechism School, 9:30am Coffee Hour, 11:30am GOYA Book Club 12pm Iconography Class, 12:30pm
Monday	20 Righteous Fathers slain at the Monastery of St. Savas <i>Isaiah 14:24-32; Genesis 8:21-9:7 Proverbs 11:19-12:6</i> Greek school, 5:30pm Great Compline, 6pm NO Adult Catechism	27 Martyr Matrona of Thessalonica <i>Isaiah 37:33-38:6; Genesis 13:12-18; Proverbs 14:27-15:4</i> Tutoring Program 5:00pm Greek school, 5:30pm Great Compline 6pm Adult Catechism, 7:15pm	3 Nicetas, Abbot of the Monastery of Medicium ✕ <i>Isaiah 48:17-49:4; Genesis 27:1-41; Proverbs 19:16-25</i> Greek school, 5:30pm Adult Catechism Class, 7pm
Tuesday	21 James the Confessor <i>Isaiah 25:1-9; Genesis 9:8-17; Proverbs 12:8-22</i> Parish Council Meeting, 6:30p	28 Hilarion the New <i>Isaiah 40:18-31</i> <i>Genesis 15:1-15</i> <i>Proverbs 15:7-19</i>	4 George the Righteous of Maleon <i>Isaiah 49:6-10</i> <i>Genesis 31:3-16</i> <i>Proverbs 21:3-21</i>
Wednesday	22 Basil the Holy Martyr <i>Isaiah 26:21-27:9; Genesis 9:18-10:1; Proverbs 12:23-13:9</i> Presanctified Liturgy, 6pm Zoom Bible Study, 7:30pm	29 Mark, Bishop of Arethusa ✕ <i>Isaiah 41:4-14; Genesis 17:1-9; Proverbs 15:20-16:9</i> Presanctified Liturgy, 6pm Zoom Bible Study, 7:30pm	5 Monk-Martyrs Claudius, Diodore, Victor, Victorinus, Pappias ✕ <i>Isaiah 58:1-11; Genesis 43:26-31; 45:1-16; Proverbs 21:23-22:4</i> Zoom Bible Study, 7pm
Thursday	23 The Holy Righteous Martyr Nikon & his disciples <i>Isaiah 28:14-22; Genesis 10:32-11:9; Proverbs 13:19-14:6</i> Choir rehearsal, 6p	30 5th Thursday of Lent: The Great Canon of Saint Andrew of Crete <i>Isaiah 42:5-16; Genesis 18:20-33; Proverbs 16:17-17:17</i> Choir rehearsal, 6pm	6 Eutychius, Patriarch of Constantinople <i>Isaiah 65:8-16; Genesis 46:1-7; Proverbs 23:15-24:5</i> Philoptochos Outing, 6pm Choir rehearsal, 6pm
Friday	24 Forefeast of the Annunciation of the Theotokos <i>Isaiah 29:13-23; Genesis 12:1-7; Proverbs 14:15-26</i> Great Vespers, 6pm Reception, 7pm	31 The Holy Hieromartyr Hypatius, Bishop of Gangra ✕ <i>Isaiah 45:11-17; Genesis 22:1-18; Proverbs 17:17-18:5</i> Akathist Hymn & Reception, 6pm	7 Calliopos and Akylina the Martyrs ✕ <i>Isaiah 66:10-24</i> <i>Genesis 49:33-50:26</i> <i>Proverbs 31:8-31</i>
Saturday	25 Annunciation of the Theotokos ✕ <i>Hebrews 2:11-18</i> <i>Luke 1:24-38</i> Orthros, 8:15a Liturgy, 9:30am	1 5th Saturday of Lent ✕ <i>Hebrews 9:1-7; Luke 1:39-49, 56</i> Lenten Retreat with Drs. Mary & David Ford @ St. Paul, 10am	8 Lazarus Saturday <i>Heb. 12:28-13:1-8; John 11:1-45</i> Matins 8:15am/Divine Liturgy, 9:30am Tsourekia Pick Up, 9am All-Parish Pancake Breakfast & Palm Cross Folding, 11am Myrrhbearers Meeting, 12pm Great Vespers, 6pm

CATECHISM SCHOOL NEWS

Lenten Food for Thought..... As parents, we are called upon to raise our children to be saints. "Faithful attendance at church impresses upon children the importance of God and of our Orthodox Christian value system." ~Fr. Anthony Coniaris

MARK YOUR CALENDARS!

Friday, March 3rd: First Salutations Service 6pm

- Participate in the special Lenten Service Project
- Catechism school teachers are sponsoring the reception.

Sunday, March 5th: First Sunday of Lent—Orthodoxy Sunday

- Early Start (9:30am). We will return to church for Holy Communion & Procession
- Each student should bring an icon as they will be participating in the Procession.

Saturday, March 11th: Confession Lenten Retreat sponsored by HOPE/JOY

Sunday, March 12th: Second Sunday of Lent—St. Gregory Palamas

Bring your Prayer Rope to church. Father Anthony will be "Blessing the Prayer Ropes" before Holy Communion

Sunday, March 19th: Third Sunday of Lent—Sunday of the Holy Cross

Early Start- 9:30 class begins (we will return to church for Holy Communion & Procession)

MEET OUR TEACHERS!

Dave and Lisa Panson have dedicated decades teaching our parish youth....get to know this 'dynamic duo!'

How long have you been attending Dayton Annunciation? If you attended a different church in the past, which one and where?

Dave: I have been attending Dayton Annunciation my entire life, my parents were married in this building in the early 60s.

Lisa: Almost 30 years, I was a convert when Dave and I got married.

Is there anything you want us to know about your history at Dayton Annunciation?

Dave: Over the years I have attended Catechism and Greek school here, served as an altar boy, I served a couple terms on Parish Council, and served as the chair of the festival raffle booth.

How long have you been teaching Catechism School?

Dave: It has been just over 20yrs

Lisa: I can't remember for sure but it has been over 25 years.

What inspired you to teach?

Dave: As a systems engineer by trade I have seen people over the years miss the big picture and get bogged down in extraneous 'stuff', not seeing the forest through the trees so to speak. Orthodoxy is full of many wonderful Traditions, services, events, etc that sometimes the big picture isn't so obvious. I wanted to encourage our youth to connect with our faith in ways beyond the traditional academic methods, to better understand what's happening in the Services and Sacraments rather than just going through the motions. To understand how it all fits together and that its not as complicated as it seems. That was my goal anyway.

Lisa: I love kids and really enjoy caring for the young ones. I started by running the nursery.

What are you teaching about this year?

Dave: We cover a variety of topics but in general I'm striving to help my students connect the dots, especially within the Liturgy, and understand our faith holistically as the path to salvation, not just a bunch of random beliefs, exercises, and notions.

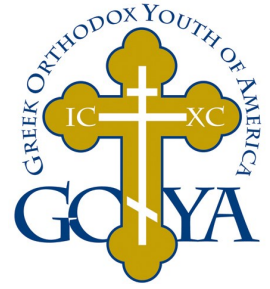
Lisa: We are learning quite a bit but at a simple introductory level, such as how to do our cross, Bible stories, the Saints, sacraments, and the Liturgy.

Is there anything else you'd like to share with our parish community?

Dave: Growing up in the Dayton Annunciation church had been pretty consistent for decades with most of the same families and very Greek, in the last several years there has been a shift it seems, many more converts and new families, many of which are not of Greek ethnicity. Even though I don't hear nearly as much Greek in the coffee hour as years past, (and my Greek has gotten extremely rusty!), it is heartwarming to see so many Orthodox brethren coming together from many cultures and backgrounds, to hear the Lord's Prayer in multiple languages, to come together as one. Lisa and I feel our Orthodox community needs to become stronger as a refuge from this fallen world, especially for our youth.



UPCOMING GOYA EVENTS



**2023 CENTRAL AREA YOUTH
LENTEN RETREAT**

**FINDING THE
PEACE OF CHRIST**

IN YOU • IN YOUR FRIENDS • IN THE
COMMUNITY • IN THE WORLD

SATURDAY, APRIL 1-2, 2023

All youth (ages 8-18) are invited to join us for two days of fellowship, worship, wonderful discussions, service opportunities, and more. Workshops will also be available for adults (parents, youth workers, young adults). This event is **FREE**, but all are required to register online.

**ALL YOUTH AND CHAPERONES MUST
REGISTER BY MARCH 17, 2023**

Registration and information can be found at
www.detroit.goarch.org/centralyouth

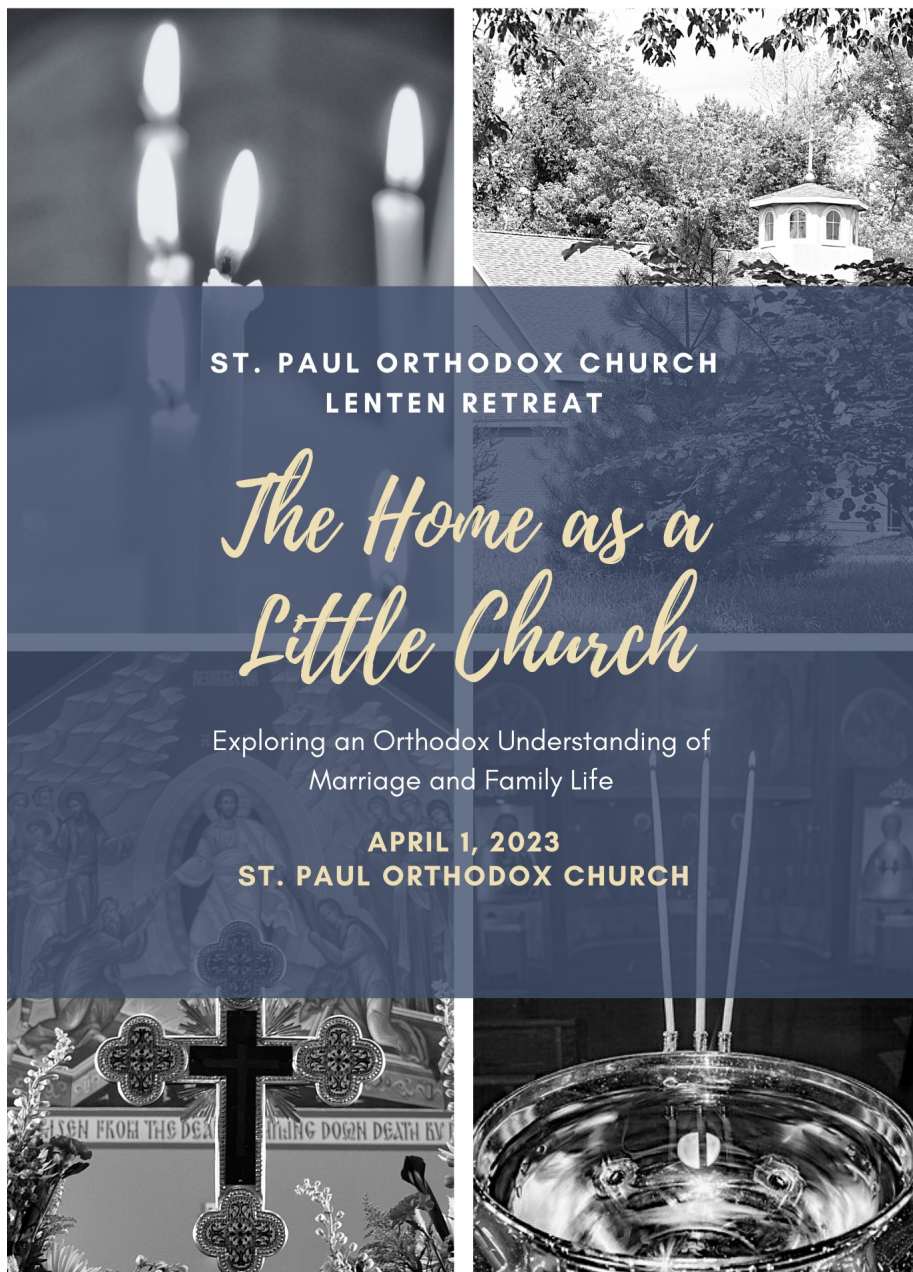

METROPOLIS
OF DETROIT

HOPE/JOY FEBRUARY EVENT!

We will meet on **Saturday, March 11** (11:00am- 1:00pm) for kite flying and confession with Fr. Anthony.

Kathara Deftera, or “Clean Monday” — the beginning of Lent among Orthodox Christians — is the day Greeks fly kites. Although we are a few weeks into Lent on March 11, we are hoping the weather will cooperate and we can fly the kites outside in our green space. Details will follow. See Maria McFarland if you have questions.





**ST. PAUL ORTHODOX CHURCH
LENTEN RETREAT**

The Home as a Little Church

Exploring an Orthodox Understanding of
Marriage and Family Life

**APRIL 1, 2023
ST. PAUL ORTHODOX CHURCH**

ANNUNCIATION GREEK ORTHODOX CHURCH CLERGY, STAFF & PARISH COUNCIL

Clergy

Rev. Fr. Anthony Cook
Presiding Priest
franthony@daytonannunciation.org

Parish Council

Jim Haubrock
President

Andrea Casey
Vice President

Stavro Ververis
Secretary

Nick Regopoulos
Treasurer

Members:
Linda Bouris
Louis Castleman
Christina Day
Mary Haritos
Vassilios Karras
Linda Kididis
Dirk Lackovich Van-Gorp
Matt McAlpine
Stacey Tipler
Isidora Tsonis
Athena Zavakos

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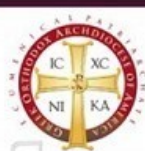
Brenda Day
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Deborah Stringfield
Parish Administrative Assistant
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Building Staff

Ty Lambert
Facilities Specialist
maintenance@daytonannunciation.org

Renda Humphreys/Bernie Clair
Housekeeping



Greek Orthodox
Metropolis of Detroit

presents

Transformative Christianity Webinar Series

Join us in 2023 to continue learning what
Orthodox Christianity
really has to offer to us and to the world!

Tuesday, March 7, 2023

7:00 PM ET / 6:00 PM CT

**Session 12 ~ My Practical Guide to Lent
with Father Soterios Rousakis**



SPRING GREEK DRIVE THRU

We will be having a Spring Drive Thru on **Friday, May 5, and Saturday, May 6, 11:00am to 8:00pm; and Sunday, May 7, Noon to 5:00pm.** This will be as previous drive-thrus, where all orders will be pre-ordered on line with pick-up on the weekend.

We are looking for volunteers who would be available to work the weekend in many capacities. If you are able to volunteer your time, please contact Maria Powers, makapo1971@gmail.com, or 937.562-1094, and let her know your availability and your preference of where you want to work. Stay tuned, there will be more information forthcoming in the near future.

It is a fun weekend of fellowship and we cannot be successful without your help!

Andrea & David Casey; Connie & Bill Yorgen; Michael Jannides, *Festival Co-Chairs*





**Annunciation Greek
Orthodox Church**
500 Belmonte Park N.
Dayton, Ohio 45405